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Hearing Adjournment

H&R Enterprises Inc.

and

Michael Lee Mitton, Charles Wiebe, David Scott Heredia, Jerome Rosen and Richard Harris

Section 161 of the Securities Act, RSBC 1996, c. 418

The British Columbia Securities Commission is holding a hearing to determine whether it is in the public interest to make orders under the Act against the above parties. The hearing has been adjourned to February 17 to 24, 2004 (with the exception of February 23) at 10 am at the British Columbia Securities Commission, 12th Floor, 701 West Georgia Street, Vancouver, British Columbia.

January 27, 2004

Adrienne Salvail-Lopez Vice Chair