FORM 55-102F5

INSIDER REPORT

(See instructions on the back of this report)	use of this information, contact the Securities Commission(s) in the jurisdictions in which the form is fi	led, at the address(es) set out on the back of this form.
BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)	BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)	BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT
	FAMILY NAME OR CORPORATE NAME	
	, GIVEN NAMES	ALBERTA NEWFOUNDLAND
	NO. STREET APT	☐ BRITISH COLUMBIA ☐ NOVA SCOTIA
		FEDERAL ONTARIO
BOX 2. INSIDER DATA	CITY	BANK ACT QUEBEC
RELATIONSHIP(S) TO REPORTING ISSUER DATE OF LAST DATE OF LAST	PROV. POSTAL CODE	CCAA GOLDEC
REPORT FILED	BUSINESS TELEPHONE NUMBER	☐ ☐ TLCA ☐ UNITED STATES
OR CHANGE IN IF INITIAL REPORT, DAY MONTH YEAR RELATIONSHIP DATE ON WHICH YOU	CHANGE IN NAME,	MANITOBA NASDAQ
RELATIONSHIP FROM LAST REPORT YES NO BECAME AN INSIDER	BUSINESS FAX NUMBER ADDRESS OR TELEPHONE NUMBER YES NO /	SEC
BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A) (D)		
(A) (B)	©	(D) (E) (F)
DESIGNATION OF CLASS OF SECURITIES BALANCE OF CLASS	TRANSACTIONS —	DIRECT/INDIRECT IDENTIFY THE REGISTERED
OF SECURITIES ON LAST REPORT DAY MONTH YEAR	ACCUIPED DISPOSED OF EVEROUSE PRIOR	RESENT BALANCE OWNERSHIP/ OF CLASS OF CONTROL OR ECURITIES HELD DIRECTION DIRECTION DIRECTION B EXERCISED
BOX 6. RI	EMARKS	
ATTACHMENT YES NO		
This form is used as a uniform report for the insider reporting requirements		
under all provincial securities Acts, Bank Act, Cooperative Credit Associations Act, Insurance Companies Act, Trust and Loan Companies Act and		
Canada Business Corporations Act. The terminology used is generic to accommodate the various Acts. The under the circum	rsigned certifies that the information given in this report is true and complete in every respect. It is a nstances in which it is made, contains a misrepresentation.	n offence to file a report that, at the time and in the light of
BOX 7. SI	IGNATURE	
	CK LETTERS) SIGNATURE	DAY MONTH YEAR
KEEP A COPY FOR YOUR FILE		DATE OF THE REPORT
FIN 55-102F5 Rev. 2000 / 6 / 13 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE		_

Notice - Collection and Use of Personal Information: The personal information provided on this form is collected on behalf of and used by the Securities Commissions set out below for purposes of the administration and enforcement of the insider trading provisions of the securities legislation in British Columbia, Alberta,

Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. All of the information provided on this form is made public pursuant to National Instrument 55-102 and Companion Policy 55-102CP and the securities legislation in each of the jurisdictions indicated above. If you have any questions about the collection and

INSTRUCTIONS

Insider Reports in English and French are available from the Manitoba, Ontario, Québec and federal jurisdictions. If you are a corporate insider in the province of Québec, you will receive correspondence in French. Individuals in the province of Québec will receive, upon request, correspondence in English.

Where an insider of a reporting issuer does not own or have control or direction over securities of the reporting issuer, or where an insider's ownership or direction or control over securities of the reporting issuer remains unchanged from the last report filed, a report is not required. Insider reports are not required to be filed in New Brunswick, the Northwest Territories, Prince Edward Island, the Yukon or Nunavut.

"Reporting issuer" has the same meaning as the words "distributing bank" as defined in subsection 265(1) of the *Bank Act*; "distributing association" as defined in subsection 260(1) of the *Cooperative Credit Associations Act* (CCAA); and "distributing company" as defined in subsection 288(1) of the *Insurance Companies Act* (ICA) or subsection 270(1) of the *Trust and Loan Companies Act* (TLCA); "distributing corporation" as defined in subsection 126(1) of the Canada Business Corporations Act (CBCA).

"Debt securities" wherever it appears herein, has the same meaning as "debt obligation" as defined in subsection 2(1) of the CBCA.

BOX 1 Name of the reporting issuer

Provide the full legal name of the reporting issuer. Use a separate report for each reporting issuer.

BOX 2 Insider data

Indicate all of your relationship(s) to the reporting issuer using the following codes:

Reporting issuer that has acquired securities issued by itself (or by any of its affiliates - CBCA)

Subsidiary of the reporting issuer

Security holder who beneficially owns or who exercises control or direction over more than 10% of the securities of the reporting issuer (Bank Act, CCAA, ICA, TLCA, CBCA and Québec Securities Act - 10% of a class of shares) to which are attached voting rights or an unlimited right to a share of the profits and to its assets in case of winding up

Director of a reporting issuer

Senior officer of a reporting issuer

Director or senior officer of a security holder referred to in 3

Director or senior officer of an affiliate (Bank Act, CCAA, ICA, TLCA and CBCA) or of a subsidiary of the reporting issuer, other than in 4, 5 and 6 $\,$ 7 Deemed insider under the Bank Act, CCAA, ICA, TLCA and CBCA

If you have filed a report before, indicate whether your relationship to the reporting issuer has changed.

Specify the date of the last report you filed, and if it is an initial report, the date on which you became an insider.

BOX 3 Name, address and telephone number of the insider

Provide your name, address and business telephone number.

BOX 4 Jurisdiction

Indicate each jurisdiction where the issuer is a reporting issuer.

BOX 5 Insider holdings and changes

Show direct and indirect holdings separately, both in the initial report and where a transaction is reported. Indicate only one transaction per line.

For an initial report complete only:

- (A) designation of class of securities held
- (D)present balance of class of securities held
- (E nature of ownership (see List of Codes)
- (F)identification of the registered holder where ownership is indirect

If you acquired or disposed of securities while an insider, complete sections (A) to (F):

- (A) Indicate a designation of the securities traded that is sufficient to identify the class, including yield, series, maturity.
- Indicate the number of securities, or for debt securities, the aggregate nominal value, of the class held, directly and indirectly, before the transaction that is being reported.
- (C) Indicate for each transaction:
 - the date of the transaction (not the settlement date) the nature of the transaction (see List of Codes)

 - the number of securities acquired or disposed of, or for debt securities, the aggregate nominal value
 - the unit price paid or received on the day of the transaction, excluding the commission
 - if the report is in American dollars, check the space under "\$ US"

List of Codes

BOX 5 © Nature of transaction Aquisition or disposition carried out in the market, excluding the	
exercise of an option Private placement (issuance from treasury)	10 11
Acquisition or disposition carried out privately (already issued securities) Acquisition or disposition pursuant to a takeover bid or issuer bid Change in the nature of ownership	20 22 25
Acquisition or disposition under a plan Stock dividend	30 35
Acquisition or disposition of a call option Acquisition or disposition of a put option Expiration of an option	40 45 46
Acquisition or disposition by gift Acquisition by inheritance or disposition by bequest	50 55
Short sale Grant of warrants Grant of rights	60 65 66
Exercise of warrants Expiration of warrants Expiration of rights Exercise of rights Exercise of options Conversion or exchange	70 71 72 75 76 78
Stock split or consolidation Redemption/retraction/cancellation/repurchase	84 85
Compensation for property Compensation for services Grant of options Other than referred to above (please explain in Remarks) Correction of information (please explain in Remarks)	90 95 96 97 99

- (D) Indicate the number of securities, or for debt securities, the aggregate nominal value, of the class held, directly and indirectly, after the transaction that is being reported.
- Indicate the nature of ownership, control or direction of the class of securities held using the following codes:

Direct ownership	0
Indirect ownership (identify the registered holder)	1
Control or direction (identify the registered holder)	2

(F) For securities that are indirectly held, or over which control or direction is exercised, identify the registered holder.

BOX 6 Remarks

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4 5

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Add any explanation necessary to make the report clearly understandable.

If space provided for any item is insufficient, additional sheets may be used. Additional sheets must refer to the appropriate Box and must be properly identified and signed.

Office staff are not permitted to alter a report.

BOX 7 Signature and filing

Sign and date the report.

File two copies of the report in each jurisdiction in which the issuer is reporting within the time limits prescribed by the applicable laws of that jurisdiction. British Columbia requires only one copy.

Manually sign one of the two copies.

Legibly print or type the name of each individual signing the report.

If the report is filed on behalf of a company, partnership, trust or other entity, legibly print or type the name of that entity after the signature.

If the report is signed on behalf of an individual by an agent, there shall be filed with each jurisdiction in which the report is filed a duly completed power of attorney.

Alberta Securities Commission 4th Floor, 300 – 4th Avenue S.W. Calgary, AB T2P 3C4 Attention: Information Officer Telephone: (403) 297-6454 Facsimile: (403) 297-6156

Office of the Superintendent of Financial Institutions, Canada 13th Floor, Kent Square 255 Albert Street
Ottawa, Ontario K1A 0H2

British Columbia Securities Commission 200 - 865 Hornby Street
Vancouver, BC V6Z 2H4
Attention: Supervisor, Insider Reporting
Telephone: (604) 899-6548 or (800) 373-6393 (in BC)
Facsimile: (604) 899-6760

Director, Canada Business Corporations Act 9th Floor Jean Edmonds Tower South 365 Laurier Avenue West Ottawa, Ontario K1A 0C8

Manitoba Securities Commission Manitoba Securities Commiss 1130 – 405 Broadway Winnipeg, MB R3C 3L6 Attention: Assistant Counsel Telephone: (204) 945-3625 Facsmile: (204) 945-4508

Securities Commission of Newfoundland P.O. Box 8700, 2nd Floor West Block Confederation Building 75 O'Leary Avenue St. John's, NFLD A1B 4J6 Attention: Director of Securities Telephone: (709) 729-4189 Facsimile: (709) 729-6187

Nova Scotia Securities Commission 2nd Floor, Joseph Howe Building 1690 Hollis Street P O Box 458 Halifax, NS B3J 3J9 Attention: FOI Officer Telephone: (902) 424-7768

Facsimile: (902) 424-4625

Ontario Securities Commission Suite 1903, Box 55 20 Queen Street West Toronto, Ontario M5H 3S8 Attention: FOI Coordinator Telephone: (416) 593-8314 Facsimile: (416) 593-8122

Commission des valeurs mobilieres du Québec Stock Exchange Tower P.O. Box 246, 22nd Floor 899 Victoria Square

Montreal, PQ H4Z 1G3
Attention: The Person in Charge of Access to Documents or of Protection of Personal Information

Telephone: (514) 940-2150 or (800) 361-5072 (in Quebec)

Facsimile: (514) 864-6381 Saskatchewan Securities Commission 800 - 1920 Broad Street Regina, SK S4P 3V7

Attention: Deputy Director, Registration Telephone: (306) 787-5842

Facsimile: (306) 787-5899