Form 45-106F6

British Columbia Report of Exempt Distribution

This is the form required under section 6.1 of National Instrument 45-106 for a report of exempt distribution in British Columbia.

Issuer/underwriter information

Item 1: Issuer/underwriter name and contact information

A. State the following:

- the full name of the issuer of the security distributed. Include the former name of the issuer if its name has changed since this report was last filed;
- the issuer's website address; and
- the address, telephone number and email address of the issuer's head office.

Paramount Resources Ltd. Suite 4700, 888 3 Street S.W. Calgary, Alberta T2P 5C5 Phone: (403) 290-3600 E-mail: http://www.paramountres.com/contact-us

- B. If an underwriter is completing this report, state the following:
 - the full name of the underwriter;
 - the underwriter's website address; and
 - the address, telephone number and email address of the underwriter's head office.

Item 2: Reporting issuer status

A. State whether the issuer is or is not a reporting issuer and, if reporting, each of the jurisdictions in which it is reporting.

The issuer is a reporting issuer in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, New Brunswick, Nova Scotia, Prince Edward Island, and Newfoundland.

B. If the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, name the investment fund manager and state the jurisdiction(s) where it is registered.

Item 3: Issuer's industry

Indicate the industry of the issuer by checking the appropriate box below.

Bio-tech	Mining
Financial Services	exploration/development
investment companies and funds	production
mortgage investment companies	\boxtimes Oil and gas
securitized products issuers	Real estate
Forestry	Utilities
Hi-tech	Other (describe)
Industrial	

Item 4: Insiders and promoters of non-reporting issuers

If the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, do not complete this table.

If the issuer is not a reporting issuer in any jurisdiction of Canada, complete the following table by providing information about each insider and promoter of the issuer. If the insider or promoter is not an individual, complete the table for directors and officers of the insider or promoter.

Information about insiders and promoters							
Full name, municipality and country of principal residence	All positions held (e.g., director, officer, promoter and/or holder of more than 10% of voting securities)	Number and type of securities of the issuer beneficially owned or, directly or indirectly controlled, on the distribution date, including any securities purchased under the distribution	Total price paid for all securities beneficially owned or, directly or indirectly controlled, on the distribution date, including any securities purchased under the distribution (Canadian \$)				
N/A							

Details of distribution

Item 5: Distribution date

State the distribution date. If this report is being filed for securities distributed on more than one distribution date, state all distribution dates.

June 5, 2015

Item 6: Number and type of securities

For each security distributed:

- describe the type of security;
- state the total number of securities distributed. If the security is convertible or exchangeable, describe the type of underlying security, the terms of exercise or conversion and any expiry date; and
- if the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, state the exemption(s) relied on. If more than one exemption is relied on, state the amount raised using each exemption.

US\$450,000,000 aggregate principal amount of 6.875% Senior Notes due 2023

Item 7: Geographical information about purchasers

Complete the following table for each Canadian and foreign jurisdiction where purchasers of the securities reside. Do not include in this table information about securities issued as payment of commissions or finder's fees disclosed under item 9 of this report. The information provided in this table must reconcile with the information provided in item 8 and Schedules I and II.

Each Canadian and foreign	Number of	Price per security (Canadian	Total dollar value
jurisdiction where purchasers reside	purchasers	\$) ¹	raised from purchasers
5 1	1		in the jurisdiction
			$(Canadian \$)^2$
Ontario	6	US\$99.533 (C\$ 124.307)	99,445,410
		per US\$100 of Senior Notes	
Quebec	2	US\$99.533 (C\$ 124.307)	29,833,623
		per US\$100 of Senior Notes	
British Columbia	2	US\$99.533 (C\$ 124.307)	37,292,029
		per US\$100 of Senior Notes	
USA	39	US\$99.533 (C\$ 124.307)	380,944,292
		per US\$100 of Senior Notes	
United Kingdom	1	US\$99.533 (C\$ 124.307)	31,076,690
		per US\$100 of Senior Notes	
Total number of Purchasers	50		
Total dollar value of distribution in			578,592,047
all jurisdictions (Canadian \$)			

Note 1: If securities are issued at different prices, list the highest and lowest price for which the securities were sold.

Note 2: All Canadian currency values are approximate values based on the Bank of Canada US dollar nominal noon exchange rate, as at June 5, 2015 (1.2489 CAD/USD).

Item 8: Information about purchasers

Instructions

A. If the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, do not complete this table.

B. Information about the purchasers of securities under the distribution is required to be disclosed in different tables in this report. Complete

- the following table for each purchaser that is not an individual, and
- the tables in Schedules I and II of this report for each purchaser who is an individual.

Do not include in the tables information about securities issued as payment of commissions or finder's fees disclosed under item 9 of this report.

C. An issuer or underwriter completing this table in connection with a distribution using the exemption in subparagraph 6.1(1)(j) [*TSX Venture Exchange offering*] of National Instrument 45-106 *Prospectus Exemptions* may choose to replace the information in the first column with the total number of purchasers, whether individuals or not, by jurisdiction. If the issuer or underwriter chooses to do so, then the issuer or underwriter is not required to complete the second column or the tables in Schedules I and II.

Information about non-individual purchasers							
Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is an insider (I) of the issuer or a registrant (R)	Number and type of securities purchased	Total purchase price (Canadian \$)	Exemption relied on	Date of distribution (yyyy-mm- dd)		
AGF Management Ltd. 66 Wellington Street, 31st Floor Toronto Dominion Bank Tower Toronto ON M5K 1E9 416-865-4334	R	US\$10,000,000 aggregate principal amount of Senior Notes	12,430,676	s. 2.3, NI 45-106	2015-06-05		
Blair Franklin Capital Partners 199 Bay Street, Suite 147 Toronto ON M5L 1E2 416-368-1211	R	US\$20,000,000 aggregate principal amount of Senior Notes	24,861,352	s. 2.3, NI 45-106	2015-06-05		
CI Investments 2 Queens Street East, 18th Floor Toronto ON M5C 3G7 416 681-7000	R	US\$12,000,000 aggregate principal amount of Senior Notes	14,916,811	s. 2.3, NI 45-106	2015-06-05		
CIBC World Markets Inc. 161 Bay Street Suite 2320 Toronto ON M5J 2S8 (416) 552-1523	R	US\$25,000,000 aggregate principal amount of Senior Notes	31,076,690	s. 2.3, NI 45-106	2015-06-05		
Deans Knights Capital Management Limited 730-999 West Hastings Street Vancouver BC V6C 2W2 (604) 669-0202	R	US\$5,000,000 aggregate principal amount of Senior Notes	6,215,338	s. 2.3, NI 45-106	2015-06-05		
Fiera Sceptre Group 1501 Mcgill College Bureau 800 Montreal, QC H3A 3M8 Canada (514) 954-3750	R	US\$12,000,000 aggregate principal amount of Senior Notes	14,916,811	s. 2.3, NI 45-106	2015-06-05		
Guardian Capital Group Limited Commerce Court West 199 Bay Street, Suite 3100	R	US\$5,000,000 aggregate principal amount of Senior Notes	6,215,338	s. 2.3, NI 45-106	2015-06-05		

	Informatio	n about non-individual p	urchasers		
Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is an insider (I) of the issuer or a registrant (R)	Number and type of securities purchased	Total purchase price (Canadian \$)	Exemption relied on	Date of distribution (yyyy-mm- dd)
Toronto ON M5L 1E8					
(416) 364-8341					
Industrial Alliance Insurance and Financial Services 1080, chemin Saint-Louis Sillery, Quebec G1S 1C7 Canada 418-684-5182	R	US\$12,000,000 aggregate principal amount of Senior Notes	14,916,811	s. 2.3, NI 45-106	2015-06-05
MacKenzie Financial Corporation 180 Queen Street West Toronto ON M5V 3K1 Canada 416-967-2382	R	US\$8,000,000 aggregate principal amount of Senior Notes	9,944,541	s. 2.3, NI 45-106	2015-06-05
Philips Hager & North Investment Management Ltd. 200 Burrard Street Vancouver BC V6C 3N5 Canada 604-408-6233	R	US\$25,000,000 aggregate principal amount of Senior Notes	31,076,690	s. 2.3, NI 45-106	2015-06-05
Acuity Capital Management 4 Greenwich Office Park, 3rd Floor, Greenwich, CT 06831 (203) 769-5960		US\$250,000 aggregate principal amount of Senior Notes	310,766	s. 2.3, NI 45-106	2015-06-05
Anchorage Capital Partners Limited - New York 610 Broadway, New York, NY 10012 (212) 432-4600		US\$6,500,000 aggregate principal amount of Senior Notes	8,079,939	s. 2.3, NI 45-106	2015-06-05
Aristeia Partners LP 136 Madison Avenue, New York, NY 10016 (212) 842-8900		US\$1,000,000 aggregate principal amount of Senior Notes	1,243,067	s. 2.3, NI 45-106	2015-06-05
Artisan Partners L.P. – Milwaukee 875 East Wisconsin Avenue, Suite 800, Milwaukee, WI 53202 (800) 399-1770		US\$3,000,000 aggregate principal amount of Senior Notes	3,729,202	s. 2.3, NI 45-106	2015-06-05 2015-06-05

	Informatio	n about non-individual p	urchasers		
Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is an insider (I) of the issuer or a registrant (R)	Number and type of securities purchased	Total purchase price (Canadian \$)	Exemption relied on	Date of distribution (yyyy-mm- dd)
Aviva Investors Americas		US\$3,000,000	3,729,202	s. 2.3, NI	2015-06-05
LLC – Chicago		aggregate principal		45-106	
225 W. Wacker Drive, Suite		amount of Senior Notes			
1750, Chicago, Il 60606					
(312) 873-5800					
Blackrock Inc New York		US\$40,000,000	49,722,705	s. 2.3, NI	2015-06-05
40 East 52nd Street, New		aggregate principal		45-106	
York, NY 10055		amount of Senior Notes			
(212) 810-5300					
Capital Research &		US\$2,900,000	3,604,896	s. 2.3, NI	2015-06-05
Management Company - Los		aggregate principal		45-106	
Angeles		amount of Senior Notes			
333 South Hope Street, Los					
Angeles, CA 90017-1406					
(213) 486-9200					
CKC Capital LLC - New		US\$100,000 aggregate	124,306	s. 2.3, NI	2015-06-05
York		principal amount of		45-106	
1345 Avenue of the		Senior Notes			
Americas, 3rd Floor, New					
York 10105					
(212) 893-1154					
Column Park Asset		US\$500,000 aggregate	621,533	s. 2.3, NI	2015-06-05
Management LP - New York		principal amount of		45-106	
3 Columbus Circle, 15th		Senior Notes			
Floor, New York, NY 10019					
(646) 650-5113					
Crescent Capital Corporation		US\$1,000,000	1,243,067	s. 2.3, NI	2015-06-05
11100 Santa Monica Blvd,		aggregate principal		45-106	
Los Angeles, CA 90025-3384		amount of Senior Notes			
(310) 235-5900					
Decade Capital Management		US\$4,000,000	4,972,270	s. 2.3, NI	2015-06-05
LLC - New York		aggregate principal		45-106	
666 Fifth Avenue, 8th Floor,		amount of Senior Notes			
New York, NY 10019					
(212) 320-1100					
Eaton Vance Management –		US\$8,000,000	9,944,541	s. 2.3, NI	2015-06-05
Boston		aggregate principal		45-106	
2 International Place, Boston,		amount of Senior Notes			

Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is	Number and type of	Total	Exemption	Data of
	an insider (I) of the issuer or a registrant (R)	purchaser is securities purchased an insider (I) of the issuer or a registrant		relied on	Date of distribution (yyyy-mm- dd)
MA 02110					
(800) 836-2414					
ED & F Man Holding Ltd		US\$100,000 aggregate	124,306	s. 2.3, NI	2015-06-05
140 East 45th Street, New		principal amount of		45-106	
York, NY 10036		Senior Notes			
(212) 844-3600					
Fidelity Management &		US\$45,000,000	55,938,043	s. 2.3, NI	2015-06-05
Research Company – Boston		aggregate principal		45-106	
1 Federal Street, Boston, MA		amount of Senior Notes			
02109					
(617) 563-7000					
Franklin Advisers Inc - San		US\$4,000,000	4,972,270	s. 2.3, NI	2015-06-05
Mateo		aggregate principal		45-106	
One Franklin Parkway, San		amount of Senior Notes			
Mateo, CA 94403					
(650) 312-3000					
Gates Capital Corporation		US\$250,000 aggregate	310,766	s. 2.3, NI	2015-06-05
1177 Avenue Of The		principal amount of		45-106	
Americas, New York, NY		Senior Notes			
10036					
(212) 661-8686					
Global Credit Advisers		US\$4,000,000	4,972,270	s. 2.3, NI	2015-06-05
101 Park Avenue, 26th Floor,		aggregate principal		45-106	
New York, NY 10178		amount of Senior Notes			
(212) 949-1860					
Goldman Sachs Asset		US\$55,000,000	68,368,720	s. 2.3, NI	2015-06-05
Management LP - New York		aggregate principal		45-106	
200 West Street, New York,		amount of Senior Notes			
NY 10282					
(800) 526-7384					
Highbridge Capital		US\$1,000,000	1,243,067	s. 2.3, NI	2015-06-05
Management LLC - New		aggregate principal	, -,	45-106	
York		amount of Senior Notes		-	
767 Fifth Avenue, New York,					
NY 10153					
(212) 287-6812					
Hudson Bay Capital		US\$2,000,000	2,486,135	s. 2.3, NI	2015-06-05
Management		aggregate principal	,,	45-106	

Information about non-individual purchasers							
Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is an insider (I) of the issuer or a registrant (R)	Number and type of securities purchased	Total purchase price (Canadian \$)	Exemption relied on	Date of distribution (yyyy-mm- dd)		
777 Third Avenue, New		amount of Senior Notes					
York, NY 10017							
(212) 571-1244							
Jane Street Capital LLC -		US\$1,000,000	1,243,067	s. 2.3, NI	2015-06-05		
New York		aggregate principal		45-106			
1 New York Plaza, New		amount of Senior Notes					
York, NY 10004							
(212) 651-6070							
K2 Advisors LLC		US\$5,000,000	6,215,338	s. 2.3, NI	2015-06-05		
300 Atlantic Street, Stamford,		aggregate principal		45-106			
CT 06901		amount of Senior Notes					
(203) 348-5252							
King Capital Limited		US\$250,000 aggregate	310,766	s. 2.3, NI	2015-06-05		
One Deer Park, Greenwich,		principal amount of		45-106			
CT 06830		Senior Notes					
(203) 622-1656							
KLS Diversified - New York		US\$3,000,000	3,729,202	s. 2.3, NI	2015-06-05		
452 Fifth Avenue, New York,		aggregate principal		45-106			
NY 10018		amount of Senior Notes					
(212) 905-0800							
Linnfield Group LLC		US\$100,000 aggregate	124,306	s. 2.3, NI	2015-06-05		
601 Woodlawn Drive, Suite		principal amount of		45-106			
601, Marietta, GA 30067-		Senior Notes					
3506							
(770) 578-6777							
Lord Abbett & Co. LLC -		US\$28,000,000	34,805,893	s. 2.3, NI	2015-06-05		
Jersey City		aggregate principal		45-106			
90 Hudson Street, Jersey		amount of Senior Notes					
City, NJ 07302							
(201) 827-2000							
Newfleet Asset Management		US\$2,000,000	2,486,135	s. 2.3, NI	2015-06-05		
Inc		aggregate principal		45-106			
909 Montgomery Street, San		amount of Senior Notes					
Francisco, Ca 94133							
(415) 486-6500							
Nomura Securities		US\$20,000,000	24,861,352	s. 2.3, NI	2015-06-05		
International Inc - New York		aggregate principal		45-106			
2 World Financial Center,		amount of Senior Notes					

Information about non-individual purchasers							
Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is an insider (I) of the issuer or a registrant (R)	Number and type of securities purchased	Total purchase price (Canadian \$)	Exemption relied on	Date of distribution (yyyy-mm- dd)		
22nd Floor, New York, NY							
10281							
(212) 667-9000							
Passport Capital California		US\$8,000,000	9,944,541	s. 2.3, NI	2015-06-05		
1 Market Street, 38th Floor,		aggregate principal		45-106			
San Francisco, Ca 94105		amount of Senior Notes					
(415) 321-4600							
Peritus I Asset Mgmt		US\$250,000 aggregate	310,766	s. 2.3, NI	2015-06-05		
26 West Anapamu Street,		principal amount of		45-106			
Santa Barbara, CA 93101		Senior Notes					
(805) 882-1100							
Peters Capital Group LLC -		US\$9,000,000	11,187,608	s. 2.3, NI	2015-06-05		
Santa Barbara		aggregate principal		45-106			
1512 Mimosa Lane Santa		amount of Senior Notes					
Barbara, CA 93108-2606							
(805) 695-7352							
Phoenix Investment Adviser		US\$250,000 aggregate	310,766	s. 2.3, NI	2015-06-05		
420 Lexington Avenue, New		principal amount of		45-106			
York, NY 10170		Senior Notes					
(212) 359-6200							
Putnam Investment		US\$7,000,000	8,701,473	s. 2.3, NI	2015-06-05		
Management LLC – Boston		aggregate principal		45-106			
One Post Office Square,		amount of Senior Notes					
Boston, MA 02109							
(617) 292-1000							
SEIX Investment Advisors		US\$1,000,000	1,243,067	s. 2.3, NI	2015-06-05		
LLC		aggregate principal		45-106			
3333 Piedmont Road, Suite		amount of Senior Notes					
1500, Atlanta, GA 30305							
(404) 845-7605							
Shenkman Capital		US\$30,000,000	37,292,029	s. 2.3, NI	2015-06-05		
Management		aggregate principal		45-106			
461 Fifth Avenue, 22nd		amount of Senior Notes					
Floor, New York, NY 10017-							
7712							
(212) 867-9090							
Solus Alternative Asset		US\$1,000,000	1,243,067	s. 2.3, NI	2015-06-05		
Management LP		aggregate principal		45-106			

	Information about non-individual purchasers						
Full name and address of purchaser and name and telephone number of a contact person	Indicate if the purchaser is an insider (I) of the issuer or a registrant (R)	Number and type of securities purchased	Total purchase price (Canadian \$)	Exemption relied on	Date of distribution (yyyy-mm- dd)		
430 Park Avenue, New York, NY 10022 (212) 284-4300		amount of Senior Notes					
Soros Fund Management LLC - New York 888 Seventh Avenue, New York, NY 10106 (212) 262-6300		US\$2,000,000 aggregate principal amount of Senior Notes	2,486,135	s. 2.3, NI 45-106	2015-06-05		
Susquehanna International - Bala Cynwyd 401 City Avenue, Bala Cynwyd, PA 19004 (610) 617-2600		US\$250,000 aggregate principal amount of Senior Notes	310,766	s. 2.3, NI 45-106	2015-06-05		
Wellington Management Company LLP – Boston 280 Congress Street, Boston, MA 02210 (617) 951-5000		US\$6,755,000 aggregate principal amount of Senior Notes	8,396,921	s. 2.3, NI 45-106	2015-06-05		
Bluebay Asset Management LLP – London 77 Grosvenor Street, London W1K 3JR UK +44 20 7389 3700		US\$25,000,000 aggregate principal amount of Senior Notes	31,076,690	s. 2.3, NI 45-106	2015-06-05		

Commissions and finder's fees Item 9: Commissions and finder's fees

Instructions

A. Complete the following table by providing information for each person who has received or will receive compensation in connection with the distribution(s). Compensation includes commissions, discounts or other fees or payments of a similar nature. Do not include information about payments for services incidental to the distribution, such as clerical, printing, legal or accounting services.

B. If the securities being issued as compensation are or include convertible securities, such as warrants or options, add a footnote describing the terms of the convertible securities, including the term and exercise price. Do not include the exercise price of any convertible security in the total dollar value of the compensation unless the securities have been converted.

	Indicate if the person being	Co	Compensation paid or to be paid (cash and/or securities)				
Full name and address of the	compensated			Securities			
person being compensated	is an insider (I) of the issuer or a registrant (R)	Cash (Canadian \$)	Number and type of securities issued	Price per security (Canadian \$)	Exemption relied on and date of distribution (yyyy-mm-dd)	Total dollar value of compensation (Canadian \$)	
Barclays Capital Inc. 745 Seventh Avenue, New York, NY 10019	R	2,149,669	N/A	N/A	N/A	2,149,669	
RBC Capital Markets, LLC One Liberty Plaza 165 Broadway New York, NY 10006-1404	R	948,383	N/A	N/A	N/A	948,383	
BMO Capital Markets Corp. 3 Times Square New York City, NY 10036	R	948,383	N/A	N/A	N/A	948,383	
HSBC Securities (USA) Inc. 452 Fifth Avenue New York, NY 10018	R	948,383	N/A	N/A	N/A	948,383	
Scotia Capital (USA) Inc. 250 Vesey Street, 23rd & 24th floors New York, NY 10281	R	948,383	N/A	N/A	N/A	948,383	
CIBC World Markets Corp. 425 Lexington Ave New York, New York 10017	R	547,955	N/A	N/A	N/A	547,955	
National Bank of Canada Financial Inc. 1155 Metcalfe, 5th floor Montreal (Québec) H3B 4S9	R	547,955	N/A	N/A	N/A	547,955	
TD Securities (USA) LLC 31 West 52nd Street New York, New York 10019-6101	R	547,955	N/A	N/A	N/A	547,955	

Wells Fargo Securities, LLC 308 4 Avenue SW Calgary, AB T2P 0H7	R	505,805	N/A	N/A	N/A	505,805
Desjardins Securities Inc.	R	337,203	N/A	N/A	N/A	337,203
1170 Peel Street, Suite 300						
Montreal, Québec H3B 0A9						

Certificate

On behalf of the issuer, I certify that the statements made in this report are true.

Date: June 11, 2015

 Paramount Resources Ltd.

 Name of issuer (please print)

 E. Mitchell Shier, General Counsel, Corporate Secretary and Manager, Land (403) 290-3600

 Print name, title and telephone number of person signing

 (Signed) "E. Mitchell Shier"

Signature

Instruction

The person certifying this report must complete the information in the square brackets by deleting the inapplicable word. For electronic filings, substitute a typewritten signature for a manual signature.

Item 10: Contact information

State the name, title and telephone number of the person who may be contacted with respect to any questions regarding the contents of this report, if different than the person signing the certificate.

IT IS AN OFFENCE TO MAKE A MISREPRESENTATION IN THIS REPORT.

Notice - Collection and use of personal information

The British Columbia Securities Commission collects and uses the personal information required to be included in this report for the administration and enforcement of the *Securities Act*. If you have any questions about the collection and use of this information, contact the British Columbia Securities Commission at the following address:

British Columbia Securities Commission

P.O. Box 10142, Pacific Centre
701 West Georgia Street
Vancouver, British Columbia V7Y 1L2
Telephone: (604) 899-6500
Toll free across Canada: 1-800-373-6393
Facsimile: (604) 899-6581