FORM 45-106F6 BRITISH COLUMBIA REPORT OF EXEMPT DISTRIBUTION

This is the form required under section 6.1 of National Instrument 45-106 for a report of exempt distribution in British Columbia.

Issuer/underwriter information

Item 1: Issuer/underwriter name and contact information

A. State the following:

MCM Capital One Inc.

- the full name of the issuer of the security distributed. Include the former name of the issuer if its name has changed since this report was last filed;
- the issuer's website address; and
- the address, telephone number and email address of the issuer's head office.
- B. If an underwriter is completing this report, state the following:
 - the full name of the underwriter;
 - the underwriter's website address; and
 - the address, telephone number and email address of the underwriter's head office.

55 University Ave., Suite M002, P.O. Box 47
Toronto, Ontario M5J 2H7
(416) 867-2353
Item 2:Reporting issuer status
A. State whether the issuer is or is not a reporting issuer and, if reporting, each of the jurisdictions in which it is reporting.
The issuer is a reporting issuer in Alberta, British Columbia, Ontario and Saskatchewan
B. If the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, name the investment fund manager and state the jurisdiction(s) where it is registered.

Item 3: Issuer's industry

Indicate the	industry of	the issuer	by ch	necking th	ne appropri	ate t	oox bel	OW.

	Mining		
Financial Services	exploration/development		
investment companies and funds	production		
mortgage investment companies	☐ Oil and gas		
☐ Forestry	☐ Real estate		
☐ Hi-tech	☐ Utilities		
☐ Industrial	Other (describe)		
	Capital pool company Ite	em	4:

Item 4: Insiders and promoters of non-reporting issuers

If the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, do not complete this table.

If the issuer is not a reporting issuer in any jurisdiction of Canada, complete the following table by providing information about each insider and promoter of the issuer. If the insider or promoter is not an individual, complete the table for directors and officers of the insider or promoter.

Information about insiders and promoters						
Full name, municipality and country of principal residence	All positions held (e.g., director, officer, promoter and/or holder of more than 10% of voting securities)	Number and type of securities of the issuer beneficially owned or, directly or indirectly controlled, on the distribution date, including any securities purchased under the distribution	Total price paid for all securities beneficially owned or, directly or indirectly controlled, on the distribution date, including any securities purchased under the distribution (Canadian \$)			

Details of distribution

Item 5: Distribution date

State the distribution date. If the report is being filed for securities distributed on more than one distribution date, state all distribution dates.

August 29, 2014		
August 29. 2014		

Item 6: Number and type of securities

For each security distributed:

• describe the type of security,

convertible debentures

- state the total number of securities distributed. If the security is convertible or exchangeable, describe the type of underlying security, the terms of exercise or conversion and any expiry date;
 - 2,000 debentures. Each debenture is convertible into common shares of the issuer at a price of \$0.50 per share at any time prior to August 29, 2015.
- if the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, state the exemption(s) relied on. If more than one exemption is relied on, state the amount raised using each exemption.

Item 7: Geographical information about purchasers

Complete the following table for each Canadian and foreign jurisdiction where purchasers of the securities reside. Do not include in this table information about securities issued as payment of commissions or finder's fees disclosed under item 9 of this report. The information provided in this table must reconcile with the information provided in item 8 and Schedules I and II.

			Total dollar value raised from purchasers in the
Each Canadian and foreign jurisdiction where purchasers reside	Number of purchasers	Price per security (Canadian \$) ¹	jurisdiction (Canadian \$)
Alberta	4	1,000.00	\$800,000
British Columbia	1	1,000.00	\$30,000
Ontario	3	1,000.00	\$1,120,000
Bahamas	1	1,000.00	\$50,000
Total number of Purchasers	9		
Total dollar value of distribution in all jurisdictions (Canadian \$)			\$2,000,000

Note 1: If securities are issued at different prices, list the highest and lowest price for which the securities were sold.

Item 8: Information about purchasers

Instructions

A. If the issuer is an investment fund managed by an investment fund manager registered in a jurisdiction of Canada, do not complete this table.

B. Information about the purchasers of securities under the distribution is required to be disclosed in different tables in this report. Complete

- the following table for each purchaser that is not an individual, and
- the tables in Schedules I and II of this report for each purchaser who is an individual.

Do not include in the tables information about securities issued as payment of commissions or finder's fees disclosed under item 9 of this report.

C. An issuer or underwriter completing this table in connection with a distribution using the exemption in subparagraph 6.1(1)(j) [TSX Venture Exchange offering] of National Instrument 45-106 Prospectus and Registration Exemptions may choose to replace the information in the first column with the total number of purchasers, whether individuals or not, by jurisdiction. If the issuer or underwriter chooses to do so, then the issuer or underwriter is not required to complete the second column or the tables in Schedules I and II.

	Information about non-individual purchasers						
Full name and address	Indicate if the	Number and	Total purchase	Exemption	Date of		
of purchaser and name	purchaser is an	type of securities	price	relied on	distribution		
and telephone number of	insider (I) of the	purchased			(yyyy-mm-dd)		
a contact person	issuer or a registrant (R)		(Canadian \$)				
Hanover Investments Corporation Ltd. 302, 525-11th Ave SW, Calgary, Alberta T2R 0C9 403-266-6203		400 debentures	*,	S. 2.3 of NI 45-106 (Accredited Investor)	August 29, 2014		
Transcend Resource Group Inc. 750 West Pender, Suite 303, Vancouver, British Columbia V6C 2T7 604-681-0084		30 debentures	****	S. 2.3 of NI 45-106 (Accredited Investor)	August 29, 2014		

Item 9: Commissions and finder's fees

Instructions

- A. Complete the following table by providing information for each person who has received or will receive compensation in connection with the distribution(s). Compensation includes commissions, discounts or other fees or payments of a similar nature. Do not include information about payments for services incidental to the distribution, such as clerical, printing, legal or accounting services.
- B. If the securities being issued as compensation are or include convertible securities, such as warrants or options, add a footnote describing the terms of the convertible securities, including the term and exercise price. Do not include the exercise price of any convertible security in the total dollar value of the compensation unless the securities have been converted.

	Indicate if the person	Со	mpensation paid	or to be paid (ca	sh and/or securiti	es)
	being compensate					
Full name and address of the person being compensated	d is an insider (I) of the issuer or a registrant (R)	Cash (Canadian \$)	Number and type of securities issued	Price per security (Canadian \$)	Exemption relied on and date of distribution (yyy-mm-dd)	Total dollar value of compensation (Canadian \$)
Kingsdale Capital Markets Inc., 55 University Ave., Suite M002, P.O. Box 47, Toronto, ON M5J 2H7		\$150,000.00	400,000 broker warrants	0	S. 2.3 of NI 45-106 (Accredited Investor)	\$150,000.00

Note: The broker warrants are convertible into common shares at a price of \$0.50 at any time on or before August 29, 2017.

Certificate

On behalf of the issuer, I certify that the statements made in this report are true.

Date: September 8, 2014

MCM CAPITAL ONE INC.	
Name of issuer (please print)	
Rob Fia,	
CEO,	
(416) 867-2353	
Print name, title and telephone number of person signin	g
"Rob Fia"	
Signature	

Instruction

The person certifying this report must complete the information in the square brackets by deleting the inapplicable word. For electronic filings, substitute a typewritten signature for a manual signature.

Item 10: State the name, title and telephone number of the person who may be contacted with respect to any questions regarding the contents of this report, if different than the person signing the certificate.

IT IS AN OFFENCE TO MAKE A MISREPRESENTATION IN THIS REPORT.

Notice - Collection and use of personal information

The British Columbia Securities Commission collects and uses the personal information required to be included in this report for the administration and enforcement of the Securities Act. If you have any questions about the collection and use of this information, contact the British Columbia Securities Commission at the following address:

British Columbia Securities Commission

P.O. Box 10142, Pacific Centre 701 West Georgia Street Vancouver, British Columbia V7Y 1L2 Telephone: (604) 899-6500

Toll free across Canada: 1-800-373-6393

Facsimile: (604) 899-6581